

2017 Make Up Tips - SIMBT /PSPA "MAKE-UP RECOMMENDATION" LIST & TIPS

(Need help applying makeup for theater – there is a great video you can watch! (Check out this site: www.jamcosmetics.net/Young-Dancer-Makeup-s/55.htm)

SKIN

Foundation: For stage, choose a foundation that's a shade darker than your child's normal skin tone. Once it is under the lights, it will look perfectly normal. Test make-up colors near the jaw line for best results.

Recommendation: An inexpensive Cover Girl foundation.

Powder: Powder is pretty subjective. So long as it matches the tint of the foundation, you're good. Choose a powder that is a good match to your child's natural skin tone.

Recommendation: L'Oreal Matte finish powder that matches skin tone.

EYES

Eye Shadow: Always blend your eye shadow well. Use a matte (not glossy), neutral brown shadow on the entire eye area. NO COLORED EYE SHADOW PLEASE.

Recommendation: Revlon's Color Stay 12 hour eye shadows or L'Oreal's Wear Infinite in Mocha Buff (Color 832)

Eye Liner: Line the eye with black or dark brown eyeliner. The upper eyelid only needs to be lined. Apply the liner and then dry it before opening the eyelid. Gently blow on the lid to dry the liner. You can extend the eyeliner about $\frac{1}{4}$ inch from corner of the eye to give that dramatic look.

Recommendation: Maybelline's Waterproof Liquid Eyeliner – Black or Dark Brown.

Mascara: Mascara should be applied to the upper and lower lashes. If your child will allow you to apply it to the lower lashes then go for it! Place the wand at your child's lashes and have them blink until enough mascara is on the lashes. NO FAKE EYELASHES PLEASE.

Recommendation: Waterproof Mascara – Black or Dark Brown.

N.Y.C. Brand has low price points but any brand you like will do!

Eye Brow Pencil: If your child has light eyebrows, you may want to darken them in order to frame their eyes. Choose a pencil color close to your child's hair color.

Recommendation: A blonde or taupe color pencil will do the trick (any brand).

CHEEKS

Blush: Use a matte Pink/rose blush for the cheeks. Apply the color to accent the cheekbones. Please no clown circles when applying blush!

Recommendation: SOME BRANDS

Dark/Olive Skin: Revlon's Smoky Rose (Color 09) or Rimmel London's Berry (Color 031)

Pale Skin: Rimmel London's Plum (Color 032) or Revlon's matte powder blush in Blushing Berry (Color 002) or Perfect Peach (Color 003)

LIPS TBA in MAY 2017

Lipstick: Use a matte pink/rose lipstick that is long lasting! When applying lipstick, apply one coat and then powder the lips. Add a second coat on top. This will help the color last longer. NO LIP GLOSS it's too sheer and shiny for stage and NO ORANGE UNDERTONES and NO RED LIPSTICK.

Recommendation: In general, a ROSE/PLUM color with blue undertones is good.

WHERE TO BUY:

You can shop for the recommended brands/items listed above at your local drug stores (e.g. CVS, Rite Aid, Walgreens), markets and big box stores such as Target and Wal-Mart. A cosmetic line to check out is N.Y.C., which is carried at CVS. This line has similar colors at low price points and mascara can even be purchased for \$4 and \$5.

GENERAL MAKE-UP TIPS:

- Apply a light moisturizer to face before applying cosmetics to avoid skin irritation.
- Apply all cosmetics heavier than normal. Don't apply them for daytime. Stage makeup is applied differently than street makeup. The look is similar, but heavier. Stage lights wash out everything!

During dress rehearsals and the day of the show we recommend that each child bring a basket or storage container with their name on it to keep all of their belongings in one place. These baskets can be purchased for under \$10 at Target, Bed Bath and Beyond, etc. Be sure that the basket has handles and your child is able to carry it themselves. See examples below.

*******Remember to put your child's name and parent phone # on ALL belongings**, and always have extras (tights, bobby pins, etc). Don't forget to label their make up as well!